



SONS OF NORWAY

# Edvard Grieg Lodge 657 District 5

Cincinnati-Dayton, Ohio & Kentucky

- First Lodge in Ohio -

Sons, Daughters and Friends of Norway Newsletter

July 2025

## Greetings from the Lodge President

Hei all:

I hope the summer is going well for each of you. We had a wonderful time at our Syttende mai celebration and it was fun to share the event this year with the Scandinavian Society of Cincinnati. Susan and I missed the Midsummer event but had the best possible excuse: we were in Norway! We had a great time in the Lake Mjøsa area, touring the region and spending time with my cousins and their offspring. Hopefully we can return the favor and host some of them in Cincinnati. We were also happy to be able to visit with Carol Luiso's childhood pen-pal Solveig, who has visited us several times and is a great friend of the lodge. The weather was beautiful and it was a very relaxing and joyful time. As for the upcoming events, we will have our annual July IKEA meeting on the 23rd and of course, our big 25th Anniversary event on August 23rd, welcoming friends from other lodges. Details are below in the newsletter.

I'd also like to call your attention to the departure of the Restauration from Stavanger on July 6th. This is a replica of the sloop that brought 53 intrepid souls to the US from Norway, starting a long period of Norwegian emigration. We will be tracing progress and updating you as the ship makes its way to New York along the original route used by the 'Sloopers'. Or if you'd like to follow it yourself, go to: [restauration.no](http://restauration.no).

Mark your calendars early for our Julefest 2025 on Saturday December 13.

Jim Herman

## Note from Elisabeth Sonoff

I send the lodge my appreciation and thanks for the donation made to SoN Foundation in Raymond's memory. Elisabeth Sonoff

## Upcoming Meetings and Events



Sons Of Norway

Edvard Grieg Lodge 5-657

25th Anniversary Celebration

August 23, 2025

Maple Knoll Village

11100 Springfield Pike, Springdale, OH

Social hour 3:00 PM

Program 4:00 PM

Catered dinner 5:00 PM

RSVP to Pam Nelson by Aug. 5

email [nelsonkap@cinci.rr.com](mailto:nelsonkap@cinci.rr.com)

Text message 513-236-3803



## Food Zoom Info

Our monthly Food Zoom class is on break for the summer but will resume in the Fall, and Elisabeth Sonoff will return to lead it! Here's the date:  
Friday, September 19th at 1:30pm  
Topic for discussion is: "Favorite Apple Recipes"

If you are interested in joining us, please contact Susan H. at [susan.herman3501@gmail.com](mailto:susan.herman3501@gmail.com) to receive the Zoom link prior to the class.



Don't forget! We are going to a Dayton Dragons game on August 9. The game starts at 7:05 PM

Our seats are covered, in case of inclement weather, and are right behind home plate.

Day Air Ballpark is located at:  
220 N. Patterson Blvd., Dayton, Ohio.

Click here [Directions and Parking | Dragons](#) for parking options.

(<https://www.milb.com/dayton/ballpark/directions>)

The following members have signed up for tickets:

Konrad, Pam and Sandra Nelson  
Kathy Skinner and Dana Cummings  
Jim and Susan Herman  
Connie and Tim Holmen  
Stephan Sirko  
Larry Bannick and Sharon Smythe  
JoAnn Krugh

There is one ticket still available. Tickets are \$15 and can be paid to Kathy Skinner.

**PLAY BALL!**

## Birthdays

### July

Soren Russell[5], Magnus DuShane[6], Janice Betscher[7], James Knudson[7], Tim Holmen[9], Maria Luiso[13], Roy Solvik[16], Richard Knudson[17], Connor DuShane[25], Sky Kosobud[27], Tom Varland[29], Bill Rykhus[30], Kristin Szava[31].

### August

Erik Kosobud[8], Sandra Nelson[12], Karen Warden[12], Austin Scherbarth[13], Eloise Drinan[21].

### September

Kjell Evensen[3], Ordelle Hill[4], David Bratten[9], Christina Kosobud[10], Noel Julnes Dehner[13], Maria Luiso[13], Larry Welin[19], Chris Butterworth[20], Mario Mirone[20], JoAnn Krugh[26], James P. Herman[28].

## Norwegian Culture

*By member Larry Bannick*

How many of these cultural events do we celebrate? Some look like the things we do and others not so much. We are not looking for any moose encounters around this area of Ohio. We have a great time celebrating Syttende Mai (constitution Day) but not so much with St Olaf's Day (more on this in the next newsletter). With all of these events it is easy to stand up and say we are Norwegians.

### Nature and Outdoor Lifestyle:

- Norwegians have a strong connection to nature and embrace outdoor activities like hiking, skiing, and spending time in cabins (hytter).
- The "right to roam" allows people to access and enjoy natural areas freely.
- Camping is a popular pastime, and many Norwegians enjoy spending time in the wilderness.
- Fishing, foraging, and even being prepared for moose encounters are also part of the outdoor culture.

### Egalitarianism and Equality:

- Norwegians value equality and respect for others, and they tend to dislike hierarchy or excessive displays of wealth.

- They believe in judging individuals based on their character, not their social status or profession.
- This emphasis on equality is reflected in their political system, social welfare programs, and everyday interactions.

### **Traditions and Folklore:**

- Traditional clothing, known as bunads is worn on special occasions and symbolizes regional identities and heritage.
- Norse mythology and folklore, including tales of trolls, play a role in Norwegian culture.
- Festivals like Syttende Mai and celebrations of St. Olaf's Day are important cultural events.

### **Other Notable Aspects:**

- Honesty and Directness: Norwegians value honesty and sincerity in their interactions.
- Modesty: They tend to be modest and avoid excessive showiness.
- Janteloven: A social code that emphasizes community success over individual achievement, often cited as a key part of Norwegian culture.
- Kos: A concept similar to the Danish "hygge," emphasizing coziness and contentment, particularly in the context of nature and simple pleasures.
- Dugnad: Community volunteer work, a tradition that highlights their strong sense of community.

## **Norwegian Cultural News**



*Bodø Norway*

### **Bodø's Transformation:**

Bodø, located above the Arctic Circle, was once known as "Boring Bodø" but has become a thriving cultural destination.

The town was designated a European Capital of Culture for 2024, a recognition of its efforts to revitalize itself.

Key to this transformation was the construction of the Stormen Concert Hall and library, which helped spark the town's cultural growth.

This Norwegian town, hastily rebuilt after second world war bombing, now has a vibrant and innovative arts center in pride of place on its waterfront. In the coastal town of Bodø, Norway, the library and cultural center stands out against the bland surrounding buildings.



### **Museum of Cultural History:**

The Viking Ship Museum on the Bygdøy peninsula in Oslo, Norway, is preparing to move its collection of Viking ships for the first time in almost 100 years.

This is described as a major undertaking and one of the most spectacular moving projects in Norway.

The Viking Ship Museum is closed and will reopen adjacent to the old location in 2027 as the Museum of the Viking Age.

At the Museum of the Viking Age, you will be able to experience the world's best-preserved Viking ships and more than 5500 other objects from the Viking Era.



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[https://www.sofn.com/financial\\_products/products\\_we\\_offer/](https://www.sofn.com/financial_products/products_we_offer/)

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